

Flow Short Scale Analysis

		Participant 1	Participant 6	Participant 3	Participant 4	Participant 2	Participant 5	Mean	Mode	Variance
Confidence before flow 1: Very low 9: Very high	How difficult is editing photos for you?	7	1	5	8	4		5,0		7,5
	How skilled do you feel you are at photo editing?	3	3	5	6	5		4,4	3	1,8
Flow Short Scale 1: Not at all 4: Partly 7: Very much	1. I feel just the right amount of challenge	5	5	4	6	6	6	5,3	6	0,7
	2. My thoughts/activities run fluidly and smoothly	4	6	6	6	4	7	5,5	6	1,5
	3. I do not notice time passing	4	7	7	7	6	4	5,8	7	2,2
	4. I have no difficulty concentrating	5	6	7	7	6	7	6,3	7	0,7
	5. My mind is completely clear	3	5	7	6	6	6	5,5	6	1,9
	6. I am totally absorbed in what I am doing	3	6	7	7	6	7	6,0	7	2,4
	7. The right thoughts/movements occur of their own accord	3	4	4	7	6	6	5,0	4	2,4
	8. I know what I have to do each step of the way	5	3	2	7	3	6	4,3	3	3,9
	9. I feel that I have everything under control	5	3	4	7	4	7	5,0	4	2,8
	10. I am completely lost in thought	2	6	4	6	2	2	3,7	2	3,9
	11. Something important to me is at stake here	2	5	3	4	5	7	4,3	5	3,1
	12. I must not make any mistakes here	3	1	4	2	4	6	3,3	4	3,1
	13. I am worried about failing	1	1	6	1	5	4	3,0	1	5,2
Confidence after flow 1: Very low 9: Very high	I. Compared to all other activities which I partake in, this one is ...		6	6	2		5	4,8	6	3,6
	II. I think that my competence in this area is ...		4	6	7		8	6,3		2,9
	III. For me personally, the current demands are ...		5	7	5		6	5,8	5	0,9

Not every participant filled in these final questions on the scale, so they have not been analysed.

